

3) Hanuman Chalisa

shrīguru charana saroja raja nija manu
mukuru sudhāri
baranaum raghubara bimala jasu jo
dāyaku phala chāri

With the dust of Guru's Lotus feet, I clean
the mirror of my mind and then
narrate the sacred glory of Sri Ram
Chandra, The Supreme among the Raghu
dynasty, the giver of the four attainments
of life.

buddhihīna tanu jānike sumiraun
pavanakumāra
bala buddhi bidyā dehu mohin harahu
kalesa bikāra

Knowing myself to be ignorant, I urge you,
O Hanuman, The son of Pavan! O
Lord! kindly Bestow on me strength,
wisdom and knowledge, removing all my
miseries and blemishes.

1) jaya hanumāna gyāna guna sāgara
jaya kapīsa tihun loka ujāgara

Victory of Thee, O Hanuman, Ocean of
wisdom and virtue, victory to the Lord of
monkeys who is well known in all the three
worlds

2) rāma dūta atulita bala dhāmā
anjaniputra pavanasuta nāmā

You, the Divine messenger of Ram and
repository of immeasurable strength, are
also known as Anjaniputra and known as
the son of the wind - Pavanputra.

3) mahābīra bikrama bajarangī
kumati nivāra sumati ke sangī

Oh Hanumanji! You are valiant and brave,
with a body like lightening. You are the
dispeller of darkness of evil thoughts and
companion of good sense and wisdom.

4) kanchana barana birāja subesā
kānana kundala kunchita kesā

Shri Hanumanji's physique is golden
coloured. His dress is attractive, wearing
'Kundals' ear-rings and his hairs are long
and curly.

5) hātha bajra au dhvajā birājai
kāndhe mūnja janeū sājai

Shri Hanumanji is holding in one hand a
lighting bolt and in the other a banner
with sacred thread across his shoulder.

6) sankara suvana kesarīnandana
teja pratāpa mahā jaga bandana

Oh Hanumanji! You are the emanation of
Shiva and you delight Shri Keshri.
Being ever effulgent, you hold vast
sway over the universe. The entire
world propitiates. You are adorable of all.

7) vidyāvāna gunī ati chātura
rāma kāja karibe ko ātura

Oh! Shri Hanumanji! You are the
repository learning, virtuous, very wise and
highly keen to do the work of Shri Ram,

8) prabhu charitra sunibe ko rasiyā
rāma lakhana sītā mana basiyā

You are intensely greedy for listening to
the narration of Lord Ram's life story and
revel on its enjoyment. You ever dwell in
the hearts of Shri Ram-Sita and Shri
Lakshman.

9) sūkshma rūpa dhari siyahin dikhāvā
bikata rūpa dhari lanka jarāvā

You appeared before Sita in a diminutive
form and spoke to her, while you
assumed an awesome form and struck
terror by setting Lanka on fire.

- 10) bhīma rūpa dhari asura sanhāre
rāmachandra ke kāja sanvāre
- He, with his terrible form, killed demons in Lanka and performed all acts of Shri Ram.
- 11) lāya sajīvana lakhana jiyāye
shrīraghubīra harashi ura lāye
- When Hanumanji made Lakshman alive after bringing 'Sanjivni herb' Shri Ram took him in his deep embrace, his heart full of joy.
- 12) raghupati kīnhī bahuta badā-ī
tuma mama priya bharatahi sama bhā-ī
- Shri Ram lustily extolled Hanumanji's excellence and remarked, "you are as dear to me as my own brother Bharat"
- 13) sahasa badana tumharo jasa gāvain
asa kahi shrīpati kantha lagāvain
- Shri Ram embraced Hanumanji saying: "Let the thousand - tongued sheshnaag sing your glories"
- 14) sanakādika brahmādi munīsā
nārada sārada sahita ahīsā
- Sanak and the sages, saints. Lord Brahma, the great hermits Narad and Goddess Saraswati along with Sheshnag the cosmic serpent, fail to sing the glories of Hanumanji exactly
- 15) jama kubera digapāla jahān te
kabi kobida kahi sake kahān te
- What to talk of denizens of the earth like poets and scholars ones etc even Gods like Yamraj, Kubera, and Dignpal fail to narrate Hanman's greatness.
- 16) tuma upakāra sugrīvahin kīnhā
rāma milāya rāja pada dīnhā
- Hanumanji! You rendered a great service for Sugriva, it was you who united him with Shri Rama and installed him on the Royal Throne.
- 17) tumharo mantra bibhīshana mānā
lankevara bhae saba jaga jānā
- By heeding your advice. Vibhushan became Lord of Lanka, which is known all over the universe.
- 18) juga sahastra jojana para bhānū
līlyo tāhi madhura phala jānū
- Hanumanji gulped the SUN at distance of sixteen thousand miles considering it to be a sweet fruit.
- 19) prabhu mudrikā meli mukha māhīn
jaladhi lānghi gaye acharaja nāhīn
- Carrying the Lord's ring in his mouth, he went across the ocean. There is no wonder in that.
- 20) durgama kāja jagata ke jete
sugama anugraha tumhare tete
- Oh Hanumanji! All the difficult tasks in the world are rendered easiest by your grace.
- 21) rāma duāre tuma rakhavāre
hota na āgyā binu paisāre
- Oh Hanumanji! You are the sentinel at the door of Ram's mercy mansion or His divine abode. No one may enter without your permission.
- 22) saba sukha lahai tumhārī saranā
tuma rachchhaka kāhū ko dara nā
- By your grace one can enjoy all happiness and one need not have any fear under your protection.
- 23) āpana teja samhāro āpai
tīnon loka hānka ten kānpai
- When you roar all the three worlds tremble and only you can control your might.
- 24) bhūta pisācha nikata nahin āvai
mahāvīra jaba nāma sunāvai
- Great Brave Hanumanji's name keeps all the Ghosts, Demons & evils spirits away from his devotees.

- 25) nāsai roga harai saba pīrā
japata nirantara hanumata bīrā
- On reciting Hanumanji's holy name regularly all the maladies perish; the entire pain disappears.
- 26) sankata ten hanumāna chhudāvai
mana krama bachana dhyāna jo lāvai
- Those who remember Hanumanji in thought, word and deed are well guarded against their odds in life.
- 27) saba para rāma tapasvī rājā
tina ke kāja sakala tuma sājā
- Oh Hanumanji! You are the caretaker of even Lord Rama, who has been hailed as the Supreme Lord and the Monarch of all those devoted in penances.
- 28) aura manoratha jo koī lāvai
soī amita jīvana phala pāvai
- Oh Hanumanji! You fulfill the desires of those who come to you and bestow the eternal nectar the highest fruit of life.
- 29) chāron juga paratāpa tumhārā
hai parasiddha jagata ujiyārā
- Oh Hanumanji! Your magnificent glory is acclaimed far and wide all through the four ages and your fame is radiantly noted all over the cosmos.
- 30) sādhu santa ke tuma rakhavāre
asura nikandana rāma dulāre
- Oh Hanumanji! You are the saviour and the guardian angel of saints and sages and destroy all the Demons, you are the seraphic darling of Shri Ram.
- 31) ashta siddhi nau nidhi ke dātā
asa bara dīna jānakī mātā
- Hanumanji has been blessed with mother Janki to grant to any one any yogic power of eight Sidhis and Nava Nidhis as per choice.
- 32) rāma rasāyana tumhare pāsā
sadā raho raghupati ke dāsā
- Oh Hanumanji! You hold the essence of devotion to Ram, always remaining His Servant.
- 33) tumhare bhajana rāma ko pāvai
janama janama ke dukha bisarāvai
- Oh Hanumanji! through devotion to you, one comes to Ram and becomes free from suffering of several lives.
- 34) anta kāla raghubara pura jā-ī
jahān janma haribhakta kahā-ī
- After death he enters the eternal abode of Sri Ram and remains a devotee of him, whenever, taking new birth on earth.
- 35) aura devatā chitta na dhara-ī
hanumata seī sarba sukha kara-ī
- You need not hold any other demigod in mind. Hanumanji alone will give all happiness.
- 36) sankata katai mitai saba pīrā
jo sumirai hanumata balabīrā
- Oh Powerful Hanumanji! You end the sufferings and remove all the pain from those who remember you.
- 37) jai jai jai hanumāna gosāi
kripā karahu guru deva kī nāi
- Hail Hail Hail Lord Hanumanji! I beseech you Honor to bless me in the capacity of my supreme guru.
- 38) jo sata bāra pātha kara koī
chhūtaahi bandi mahā sukha hoī
- One who recites this Hanuman Chalisa one hundred times daily for one hundred days becomes free from the bondage of life and death and enjoys the highest bliss at last.

39) jo yaha padhai hanumāna chalisā
hoya siddhi sākhi gaurisā

As Lord Shankar witnesses, all those who
recite Hanuman Chalisa regularly are
sure to be blessed.

40) tulasidāsa sadā hari cherā
kijai nātha hridaya manha derā

Tulsidas always the servant of Lord prays.
"Oh my Lord! You enshrine within my
heart!

Pavanatanaya sankata harana mangala
mūratī rūpa
rāma lakhana sītā sahita hridaya basahu
sura bhūpa

O Shri Hanuman, The Son of Pavan, Savior
The Embodiment of
blessings, reside in my heart together with
Shri Ram, Laxman and Sita